

## How does religion help people live through good times and bad times?

### Knowledge Building Blocks – By the end of the unit I will be able to:

- Describe at least three examples of ways in which religions guide people in how to respond to good and hard times in life.
- Identify beliefs about life after death in at least two religious traditions, comparing and explaining for similarities and differences.
- Make clear connections between what people believe about God and how they respond to challenges in life (e.g. suffering, bereavement).
- Use evidence and examples to show how beliefs about resurrection/judgement/ heaven/ karma/ reincarnation make a difference to how someone lives.
- Consider and weigh up how religion might help people in good and bad times, giving good reasons for their ideas and insights.
- Talk about what they have learned, how their thinking may have changed and why.

### Key Vocabulary and Definitions:

Afterlife	Life after death.
Allah	The name of God among Muslims.
Bible	The Christian scriptures, consisting of the Old and New Testaments.
Blessings	A God's favour and protection.
Chastisement	A strong discipline or punishment.
Gratitude	The quality of being thankful and appreciative.
Islam	Submission to the will of God. Followers of Islam are called Muslims.
Karma	Good or bad luck as a result of a persons actions towards another.
Parable	A simple story used to illustrate a moral or spiritual lesson.
Qu'ran	The Islamic sacred book.
Reincarnation	The rebirth of a soul in another body.
Scriptures	The sacred writings of Christianity contained in the Bible.
Soul	The spiritual or immaterial part of a human being or animal.
Spirit	The non-physical part of a person - the emotions/character.

