

Long Term Curriculum Overview

Year 1					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>Games</u> Focus on ball skills and games	<u>Games</u> Throwing and catching aiming games	<u>Games</u> Bat/ ball skills and games skipping	<u>Games</u> Developing partner work	<u>Games</u> Multi skills/ tennis-coach	<u>Games</u> Developing partner work cont. Sports Day Prep
<u>Dance</u> Responding to Stimuli Rhythmic Patterns	<u>Dance</u> Responding to Stimuli- Basic Moves	<u>Gym</u> Flight Points and Patches	<u>Gym</u> Rocking and Rolling	<u>Dance</u> Travelling, Jumping, Gesture	<u>Gym</u> Wide/Narrow/ Curled
Year 2					
<u>Games</u> Throwing and catching. Inventing games	<u>Games</u> Making up games with a partner. Aiming, kicking, hitting	<u>Games</u> Dribbling, kicking and hitting	<u>Games</u> Group Games and inventing rules	<u>Games</u> Multi skills/ tennis-coach	<u>Games</u> Group Games and inventing rules Sports Day Prep
<u>Dance</u> Linking Movements	<u>Dance</u> Responding To Stimuli Partner and Group Work	<u>Gym</u> Parts High/Parts Low Pathways	<u>Gym</u> Turning and Spinning	<u>Dance</u> Rhythmic Patterns	<u>Gym</u> Linking Movements

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Year 3 /4 - YEAR A

<u>Games</u> Ball Skills-passing and receiving (Invasion Focus) Tag/football/netball	<u>Games</u> Problem Solving and inventing games Tag/football/netball	<u>Games</u> Invasion Games Tag/football/netball/ Basket Ball	<u>Games</u> Creative games making Archery/ Boccia/ Goal Ball	<u>Games</u> Creative games making Sports Day Prep	<u>Games</u> Tennis coach
<u>Gym</u> Stretching/ Curling/Arching	<u>Dance</u> Select and apply and performing set steps	<u>Gym</u> Balance	<u>Dance</u> Dance to a Range Of Stimulus	<u>Gym</u> Travelling/ Balance with a change of Front or Direction	<u>Dance</u>

Year 3 /4 - YEAR B

<u>Games</u> Net/ Court/ Wall games	<u>Games</u> Net/ Court/ Wall games	<u>Games</u> Striking/fielding games	<u>Games</u> Striking/fielding games	<u>Games</u> Creative games making Sports Day Prep	<u>Games</u> Tennis coach
<u>Gym</u> Pathways	<u>Dance</u> Linking Phrases	<u>Gym</u> Symmetry and Asymmetry	<u>Dance</u> Story as a Stimuli For Dance/ Performance	<u>Gym</u> Receiving Body Weight	<u>Dance</u>

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Year 5					
<u>Games</u> Invasion(ball handling games) Tag	<u>Games</u> Continued Invasion(ball handling games) Hi 5 Netball/ Basket ball	<u>Games</u> Invasion(Implement and kicking) Quick Sticks Hockey/Football	<u>Games</u> Net court and wall games Tennis	<u>Games</u> Striking and fielding Rounders Kwik Cricket	<u>Games</u> Tennis coach
<u>Gym</u> Bridges	<u>Dance</u>	<u>Gym</u> Spinning and Turning	<u>Gym</u> Flight	<u>Dance</u>	<u>Dance</u>
Year 6					
<u>Games</u> Invasion(Implement and kicking) Quick Sticks Hockey/ Football	<u>Games</u> Invasion Games Ball Handling Netball/ Basket Ball	<u>Games</u> Continued Invasion Games Ball Handling Tag	<u>Games</u> Court /net/wall games Volleyball/ Tennis	<u>Games</u> Striking and Fielding Games Kwik Cricket/ Rounders	<u>Games</u> Tennis Coach/ Young Leaders Training
<u>Gym</u> Matching and mirroring and contrasting	<u>Dance</u>	<u>Gym</u> Synchronisation and canon	<u>Gym</u> Counter balance and counter tension	<u>Dance</u>	<u>Dance</u>